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Psychology

Higher level

Paper 2

7 May 2026

Zone A morning | **Zone B** morning | **Zone C** morning

2 hours

Instructions to students

- Do not open this examination paper until instructed to do so.
- Answer two questions, each from a different option. Each question is worth **[22 marks]**.
- The maximum mark for this examination paper is **[44 marks]**.

Answer **two** questions, each from a different option.

Marks will be awarded for demonstration of knowledge and understanding (which requires the use of relevant psychological research), evidence of critical thinking (for example, application, analysis, synthesis, evaluation), and organization of answers.

Abnormal psychology

1. Discuss normality versus abnormality.
2. Discuss the prevalence rates of **one or more** disorders.
3. Discuss **one or more** ethical considerations in research related to the treatment of **one or more** disorders.

Developmental psychology

4. Evaluate **one or more** studies investigating influences on cognitive **and/or** social development.
5. Discuss the development of empathy **and/or** theory of mind.
6. Discuss **one or more** factors influencing brain development.

Health psychology

7. Discuss the biopsychosocial model of health and well-being.
8. Evaluate **one or more** explanations of **one or more** health problems.
9. Discuss the effectiveness of **one or more** health promotion programmes.

Psychology of human relationships

- 10.** Discuss the role of communication in personal relationships.
 - 11.** Discuss co-operation **and/or** competition in groups.
 - 12.** To what extent is social responsibility (for example, by-standerism and prosocial behaviour) influenced by sociocultural factors?
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